

## Learning Objectives

### Participants will:

- Describe characteristics of stuttering
- Discuss attitudes and emotions associated with stuttering
- Identify treatment strategies for teens/adults who stutter
- Explain goals of therapy

## Overview

This workshop will present evaluation and treatment strategies for teens and adults who stutter. Effective fluency and cognitive strategies, as well as ideas to improve communication skills, will be addressed. Cognitive beliefs will be explored to decrease shame associated with stuttering and explore inner emotions. Ideas will be provided to help parents and speech pathologists deal with obstacles to therapy and more effectively learn ways to manage this disorder.

## REGISTRATION ON A FIRST COME, FIRST-SERVED BASIS

### No onsite registration!

No substitutions!  
Registration Confirmation  
At [info@lisha.org](mailto:info@lisha.org)

Refunds with 48 hours notice ONLY.

## Agenda

5:30-6:00 Registration/Light Refreshments

6:00-6:15: Introduction:

- The Stuttering Journey - Background and Complexities

6:15-7:00: Stuttering Overview:

- Common Characteristics and Behaviors
- Motivations for Seeking Therapy
- Associated Attitudes and Feelings
- Role of Parents/Teachers/ Past Experiences

7:00-7:45: Stuttering in Teens:

- Are They Motivated and Who Determines That?
- Assessment and Treatment Strategies
- How to Determine Discharge
- Ideas for Carryover

7:45-8:45: Stuttering in Adults:

- Frequency of Therapy
- Obstacles to Therapy
- Influence of Past Experiences

8:45-9:00: Questions and Answers

*\*\*\*We reserve the right to substitute speakers due to circumstances beyond our control. We will make every effort to secure a speaker in the specified area, however, this may not always be possible because of the expertise required and the short notice available.\*\*\**

**I plan to attend the March 21, 2012  
LISHA conference:  
A Lifetime of Stuttering:  
Effective Strategies for Teens and Adults  
Who Stutter**

Print Information Clearly

Name \_\_\_\_\_

(as it appears on your ASHA Card)

Address \_\_\_\_\_

Work Phone# \_\_\_\_\_

Email \_\_\_\_\_

ASHA# \_\_\_\_\_

**Please check one:**

- LISHA Member- \$50.00
- LISHA Student Member- \$25.00
- New LISHA Member\*- \$100.00
- New LISHA Student Member\*- \$50.00  
(\* includes 2012 LISHA dues)

**Make check payable to LISHA**

Amount enclosed: \_\_\_\_\_

**Mail to: LISHA**

**P.O. Box 133**

**Mastic Beach, New York 11951-0133**

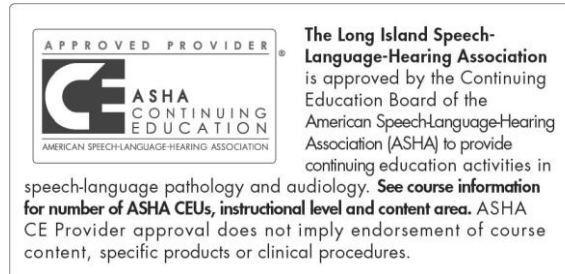
Email at [info@lisha.org](mailto:info@lisha.org)  
for further information.



## Presenter

### **Lori Melnitsky, MA, C.C.C.-SLP**

Our speaker is a practicing speech-language pathologist in Plainview, NY and has a Private Practice: "All Island Speech and Stuttering Therapy." She graduated with an M.A. from Hofstra University in Speech Pathology in 1992. Lori holds a unique perspective on the subject of stuttering as she has spent a lifetime dealing with her own stuttering and learning strategies to improve fluency and communication skills. Lori is a chapter leader for the National Stuttering Association's Adult Chapters on Long Island. She also runs support groups for parents to share common concerns of children who stutter. Lori specializes in stuttering/fluency therapy and treats children and adults who stutter. In addition, she is certified in Prompt and treats children who have oral motor speech disorders. Lori is Lidcombe trained in the early childhood stuttering intervention program and a graduate of various fluency shaping programs. Lori was chosen as a FORTUNE 52 honoree, which recognizes extraordinary women for their contributions in the community and workplace. Lori has been interviewed by Newsday, The Long Island Press, Verizon Fios, and Hofstra Radio for her work on stuttering. She also has presented at universities, local school districts and the National Stuttering Association. Her articles have also been published in various parent and professional publications.



**This course is offered for .3 ASHA CEUs  
(Intermediate level, Professional area)**

**Individuals who want to earn ASHA CEUs  
must complete and hand in the ASHA CEU  
Participant form at  
the end of the course.**

**The ASHA CEU form requires that you  
provide your ASHA Account Number.  
We cannot process the ASHA CEU form  
without your ASHA number.**



**The  
Long Island Speech-Language-Hearing  
Association**

**Proudly Presents:**

**A LIFETIME OF STUTTERING:  
EFFECTIVE STRATEGIES FOR  
TEENS AND ADULTS WHO STUTTER**

**Presenter:**

**Lori Melnitsky, M.A., CCC-SLP**

**Wednesday  
March 21, 2012**

**SIGN-IN: 5:30 P.M.  
Conference: 6:00-9:00 P.M.**

**.3 CEUs offered**

**Location:  
Campo Salisbury Center  
718 The Plain Road  
Westbury, NY 11590**